Welcome to the One Newport Bulletin

Issue 10 – Dec 2014

The Bulletin provides an update on the One Newport Partnership and the Single Integrated Plan for Newport.

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UPDATE>> From the One Newport Partnership

Single Integrated Plan (SIP) Performance Management

As set out in the One Newport Performance Management Framework each of the SIP Themes are reported to the Local Service Board (LSB) on a rolling timetable using a dashboard template.

At the LSB held on the 18th November 2014 progress against the priorities were presented for the following SIP Themes:

- Health & Wellbeing Theme (Dashboard Report)
- Safe and Cohesive Communities Theme (Dashboard Report)

LSB members were asked to assess progress by ensuring that progress against each priority was satisfactory; reviewing the main key achievements & successes; ensuring areas not meeting targets will be addressed by mitigating actions; and ensuring the theme risks will be addressed by mitigating actions.

Reports on the remaining 4 Themes will be presented to the LSB in February 2015. If you have any further questions on these performance reports please contact the Partnership and Policy Team via email: one.newport@newport.gov.uk.

UPDATE>> From the One Newport Partnership

One Newport Children & Young People Needs Assessment 2014

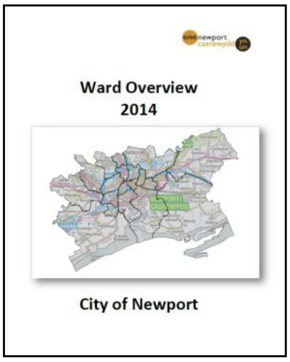
During February / March 2014, One Newport consulted with children and young people across the city on their views about services. In total 991 questionnaires were returned and analysed, with both the summary results and full version (including children & young people's comments) available via the links below:

One Newport CYP Needs Assessment 2014 – Summary (English only)

One Newport CYP Needs Assessment 2014 – Full Version (English only)

For more information on data and intelligence visit the Unified Needs Assessment page on the website.

Understanding Newport – Ward Profiles



In partnership with the One Newport Local Service Board, the Council has been developing a set of 'ward profiles', which use data and information from a number of sources to provide us with a better understanding of each ward, and of Newport.

The profiles for 2014 have now been compiled and will be published with the Single Integrated Plan update next year. If any partners need information on a particular ward, or aspect of Newport in the meantime please contact the One Newport Partnership & Policy Team on Email: one.newport@newport.gov.uk.

Involve Newport Citizens Panel

Many local authorities and Local Service Boards (LSBs) have a Citizen's Panel to encourage better communication between citizens and the local authority and help participation in the democratic process.

If a resident of Newport would like to join the citizen's panel and receive regular quarterly surveys they can complete an online form or fill in an application form (**pdf**) and return via the details shown.

For more information visit the Involve Newport webpage.

NEWS & EVENTS>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>> From the One Newport Partnership

Newport City Council's Budget Consultation for the 2015/16 Financial Year

On Monday 8th December 2014, Newport council's cabinet agreed the consultation on £10m of 'difficult' budget proposals.

You may be aware that these proposals are now out for public consultation, with the council asking residents for their views on these proposals from **Tuesday 9th December 2014 until Friday 16th January 2015**.

If you would like to have your say visit the Budget Challenge webpage for more information and to access all the online budget questionnaires for the financial year starting April 2015. The budget proposals have been split into 13 different categories with a survey available for each.

Thank you for taking the time to have you say.

For more information see the recent press release on the council website.

Kitemark for the Voluntary Sector

A Quality Assurance Framework has been developed on behalf of the One Newport Local Service Board (LSB) specifically for voluntary sector agencies working with children, young people and families.

The Quality Assurance pack comprises a self-audit tool which agencies can use as a checklist against the standards they have in place. The Families First Voluntary Sector Support Officer will be able to assist agencies in meeting any standards not yet in place, and, following assessment, the One Newport Local Service Board will award its quality kitemark to agencies according to the standards achieved. This kitemark will be a pre-requisite in applying for any future NCC funding.

The process is currently being piloted with several voluntary organisations in some parts of Newport with a view to rolling it out across Newport in the New Year. If you would like to participate in the pilot, or for further information on achieving the LSB's kitemark, please contact:

Chris Thomas,
Families First Voluntary Sector Support Officer, Newport
Tel: (01633) 241550 or 07746749945 / Email: Christine.thomas@gavowales.org.uk.

NEWS & EVENTS>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>> From the One Newport Partnership

Hate Crime Training and Awareness Session

Victim Support Cymru has been commissioned by the Welsh Government as the National Report and Support Centre for Hate Crime and Hate Incidents in Wales.

The 2-hour workshop is focussed on increasing a participant's knowledge of the protected groups of hate crime to a level where they would be more aware and confident to report the matter; through understanding some of the barriers faced by victims.

The session looks at the definitions of the protected groups covered by the hate crime legislation and the definition of a hate crime, but goes into further details about the issues / barriers or challenges faced by those groups. There is a greater emphasis on Hate Crime and assisting participants develop a few new skills when working with victims who have a learning difficulty, so that the victim's voice is heard.

Learning outcomes:

- A basic understanding of the protected groups covered by hate crime legislation.
- Greater awareness of Disability Hate Crime and Gender Transitioning.
- Awareness of the Section 146 (Crime and Disorder Act 1998).
- An observed awareness of the impact of hate crime for a victim and society.
- A greater awareness of the barriers to reporting hate crime and ways to increase reporting.
- Knowledge of the support available and their role within the process.

The training sessions are open to all staff in particular for those who are in a front-line / supporting role.

Date: 23rd January 2015

Time: 10am – 12pm (Session 1) & 1pm – 3pm (Session 2)

Venue: Committee Room 2, Civic Centre, Newport

To book your place, please email: shereen.williams@newport.gov.uk indicating which session you would like to attend.

NEWS & EVENTS>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>> From the One Newport Partnership

Operation Bang

During October and up to Bonfire Night the South Wales Fire and Rescue service ran Operation Bang. This was part of a multi-agency initiative which involved Newport City Council, Newport City Homes and Gwent Police and the aim was to reduce fire incidents and antisocial behavior. Regular patrols took place on a multi-agency coordinated approach to identify potential risks and hazards in the communities of Newport. As a result of this operation numerous dangerous structures were removed which reduced risk to the public and made the local communities a safer place.

About Citizen Directed Co-operative Cymru Project

Citizen Directed Co-operative Cymru (CDCC) is a unique and innovative project funded by Big Lottery's BIG Innovation fund, and is believed to be the first of its kind in the UK.

The project is a partnership between Disability Wales and Wales Co-operative Centre. It aims to support a greater citizen voice, control and independence in Wales throughout the take-up of Direct Payments via the development of a citizen directed co-operative support scheme. The objectives are:

- To raise awareness and understanding of citizen directed co-operatives as a means of empowering disabled people to manage their direct payments more effectively;
- To promote the value of citizen directed co-operatives as an alternative to traditional direct payment schemes;
- To work with stakeholders from interested local authority areas to establish one or more functioning citizen-led direct payments co-operatives in Wales;
- To develop a co-operative model and supporting learning resource that can be replicated across Wales and beyond; and
- To increase overall take-up of direct payments across Wales, particularly among under-represented groups.

The project will engage with local authorities, disability organisations, direct payments support schemes, disabled people and their families across Wales to establish a citizen led co-operative to support people with managing their direct payments.

Rebecca Newsome, Citizen Directed Co-operative Cymru Project Officer, Disability Wales, Bridge House, 3, Caerphilly Business Park, Van Road, Caerphilly, CF83 3GW. Tel: (02920) 887325 or 07786 658732 / Email: Rebecca.newsome@disabilitywales.org / www.disabilitywales.org

Citizen Directed Co-operatives Cymru
Mentrau Cydweithredol dan Arweiniad Dinasyddion

NEWS & EVENTS>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>> From the One Newport Partnership

Changing Minds

The Changing Minds Project, funded by the Big Lottery, has just completed its first year! In just a short space of time the project has worked with 96 young people in Newport, aged 14-25, with mental health difficulties. The project has offered young people the opportunity to access self management courses, one to one transition support and the opportunity to be matched with a peer support volunteer. We will continue to offer help to young people experiencing mental health difficulties for the next four years whilst also rolling out our programme across the whole of Gwent. We wish to thank all our young volunteers for their hard work over the last year and know that they will go on to inspire hope and confidence in other young people in the future.

If you are a young person in Newport, aged 14-25, who would like some help and support with their mental health, or become a peer support volunteer, please contact the Changing Minds team on Email: changingminds@newport-mind.org or, catch up with us on Facebook: facebook.com/changingmindsnewport / www.changingmindsproject.org.uk/

Changing Minds

Here are the dates for our next upcoming courses so please get in touch if you would like to attend.

Course	Date (2015)	Time	Location
Lifting Low Mood	Session 1 – Monday 19th January Session 2 – Monday 26th January Session 3 – Monday 2nd February Session 4 – Monday 9th February	09:30 – 12:00	Newport Mind
Volunteer Peer Mentor Training	Session 1 – Friday 30th January Session 2 – Friday 6th February Session 3 – Friday 13th February	10:00 – 16:00	Newport Mind
Manage Your Mind	Session 1 – Tuesday 17th February Session 2 – Wednesday 18th February	09:30 – 12:30	Newport Mind
Young Persons Anxiety Management	Session 1 – Tuesday 3rd March Session 2 – Tuesday 10th March Session 3 – Tuesday 17th March Session 4 – Tuesday 24th March	16:30 – 18:30	Newport Mind

NEWS & EVENTS>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>> From the One Newport Partnership

Nest

With cold weather fast approaching, now is the time to encourage people to contact Nest.

The Welsh Government's Nest scheme is getting ready for winter and looking to help those most in need with energy saving advice and support.

But we need you help to highlight the benefits of Nest and how it can help people living in the most energy inefficient properties.

For people on low incomes struggling to heat their homes the scheme can provide free home improvements. We have provided over 13,000 households with free improvements over the last three years, saving them an average of £470 a year on their energy costs.

So, if you come across households in need of energy efficiency advice or home improvements, don't forget you can refer them to Nest for help. Our advice team are ready to take calls on Tel: 0808 808 2244 or visit www.nestwales.org.uk.

You can also refer via our Nest Partner Portal which will allow you to keep up to date with your referrals as we will send you a fortnightly report. If you are not already set up then please contact me on Tel: 07944 568 162 or Kirsten.deakin@est.org.uk and I will arrange this for you.

Similarly, you can contact me if you would like to arrange training for your organisation or would like Nest support at any events.

If you know anyone who you think would benefit from Nest then **please** get in touch today!

Kirsten Deakin

Partnership Development Manager

Energy Saving Trust

Email / E-bost: kirsten.deakin@est.org.uk

Telephone: 02920 475 972

Mobile: 07944 568 162

Website: www.energysavingtrust.org.uk

Nest: www.nestwales.org.uk

Nyth Nest Gwneud Cymru'n Glyd Making Wales Cosy

NEWS & EVENTS>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>> From the One Newport Partnership

Come Outside!

Case Study: Involvement with alternative curriculum units in the communities first clusters in Newport

Newport City Council's 'Aspire' unit, based in Ringland, delivers alternative curriculum provision for those who are in danger of exclusion from mainstream educational provision. The Come Outside! Programme has been working with the Aspire Unit since November 2013. Outdoor activities are now firmly in the Aspire unit's core curriculum and are delivered every week.

Working in partnership with Newport City Cycles, young people have been introduced to cycling in local green space. Training has been provided in cycle safety, maintenance, and cycling 'etiquette'. In partnership with Newport City Council Countryside Team, the groups have been involved in environmental management work at Allt-Yr-Yn Local Nature Reserve, developing skills in the safe handling of tools, coppicing, woodland management and bushcraft.

As part of the developing partnership with those managing Natural Resources Wales's (NRW's) own estate young people have recently been involved in outdoor activities and geocaching at the Newport Wetlands National Nature Reserve, close to their own communities.

After positive experiences in the 2013-14 academic year, outdoor activities are now timetabled in for the whole of the Autumn term 2014 and staff from the Unit are in discussions directly with providers to schedule more. Come Outside! activities (initially financed by the Programme) are now partly funded from the education budget, which assists with the long term sustainability of the provision.

Following the success of the initiative at the Unit in Ringland, Come Outside! activities are now being rolled out to a second unit at Lliswerry. This, hopefully, demonstrates that the Programme is having a lasting influence on service provision for young people in Newport.

In a particularly encouraging development, the Aspire Unit Manager has directly attributed the employment of one of their pupils to her involvement in Come Outside! activities. A former student at the Unit has been employed by Newport Communities First East Cluster as a youth engagement leader for Ringland Community Association. Although just one example at present, this success helps to demonstrate improvement in skills, confidence and self-esteem as a result of involvement with the Programme.

Natural Resources Wales
Website: www.naturalresourceswales.gov.uk

NEWS & EVENTS>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>> From the One Newport Partnership

Age Agenda' from Age Cymru

Welcome to 'Age Agenda'

In this edition:

- National Dementia Vision for Wales
- Keep Well this Winter
- Quality of life in care homes
- Join our 'Twitter debate' on 12 December – what are your winter tips? Is there any useful advice that you would pass onto older people?

If you would like to unsubscribe to our e-bulletin please email: policy@agecymru.org.uk.

For more information visit the Age Cymru website.

Newport & Monmouthshire Engage

NEWS & EVENTS>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>> From the One Newport Partnership

BME Health Event

NEWS & EVENTS>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>> From the One Newport Partnership

Newport Parent Network

Newport Parent Network

FREE Parent Support Groups and Meetings January-March 2015

Dates & Times	Title	About the Group	Venue
Tuesday 6th January; 3rd February & 3rd March 10am– 1pm	T:21 Dragons	Are you a parent of a child with Down Syndrome? Would you like to meet with other parents in your area?	Serennu Centre, Cwrt Camlas, High Cross, Newport
Saturday 10th January; 14th February & 14th March 2pm - 3.30pm	ADHD Parent Support Group	For parents/carers whose children have a ADHD.	Activity Room at Newport Museum John Frost Square
Monday 12th January & 9th March 10am - 12noon	Your Voice	Small Friendly group of parents of children who attend Serennu. To discuss the Services at the centre and feedback to the executive group. All welcome	Serennu Centre, Cwrt Camlas, High Cross, Newport
Friday 30th January; 27th February & 27th March 10am-12noon	'Smile' Coffee mornings	Are you a parent of a child living in SE Wales with an additional need or special educational need? Come along to a coffee morning	Serennu Centre, Cwrt Camlas, High Cross, Newport
Thursday 5th February & 5th March 10am – 12noon	Newport Autism Support Group	For parents/carers whose children have Autism.	Serennu Centre, Cwrt Camlas, High Cross, Newport
Friday 6th February & 6th March 10am -12noon	Grandparent Support Group	For Grandparents raising their Grandchildren.	Beechwood House

For more information on any of the support groups please contact:
Nicola Davies on 01633 241578 or Nicolajdavies@gavowales.org.uk

NEWS & EVENTS>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>> From the One Newport Partnership

Gambling Intervention Service – Problem Gambling

Newport Citizens Advice Bureau is one of only a handful of agencies in S Wales offering free, confidential support and advice for anyone affected by or at risk of problem gambling.

Contact us at our Corn Street office on Tel: (01633) 212680.

Gambling the 'Hidden Addiction'

- Gambling is now widely accepted and available. It is now classed as an addiction comparable to that of drugs and alcohol. It represents a significant health problem.
- We have liberal legislation and ever expanding opportunities to gamble, the physical presence of gambling is there for us all to see.
- Expose to gambling advertising has increased. Gambling spots on TV in 2006 = 152,000. 2009 = 8 billion. 2012 = 30.9 BILLION ADVERTS.
- International evidence shows us that increased availability and access leads in an increase in gambling related harm.

The Impact of Problem Gambling

The Gambler

Higher rates of both physical and mental health conditions (suicidal), severe financial difficulties, criminal activities.

The Family

For every problem gambler 8-10 other people are directly affected. Spouses risk financial, emotional and physical abuse. Children face higher rates of behavioural problems, emotional and substance abuse and risk living in poverty. Problem gambling devastates families.

The Community

Due to increase in criminal activity, absenteeism from work, lost economic productivity. Poverty.

If you would like to talk to us about ANY gambling problems be it horse betting or bingo we can help at Newport Citizens Advice Bureau on Tel: (01633) 212680.

Facebook / Twitter

Gambling Intervention Worker - Katie.Fry@newportcab.org.uk

cyngor ar bopeth
citizens advice bureau
addiction recovery agency
treatment, support, recovery

NEWS & EVENTS>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>> From the One Newport Partnership

Christmas Gifts for Older People

BT Newport 999 Centre has been working with Royal Voluntary Service local Newport Good Neighbours scheme, to give older people in the local area a Christmas to remember.

Joanne Goodwin an advisor from the contact centre came up with the idea of Christmas hampers for older people and through the generosity of her colleagues and local businesses, they have made up 19 hampers. The hampers will be given out to older people in the local community who will be spending this Christmas alone.

On 16 December 2014, Marjorie Ovens a 97 year old lady from Caerleon and Betty Jenkins aged 81 from Ponthir came to BT HQ to receive their Christmas hamper.

Research by Royal Voluntary Service found that nearly half a million older people (489,000) are set to spend Christmas alone this year.

Fiona Alderman, Service Manager for Newport Good Neighbours said: "We are delighted with the hampers and the older people we visit will really appreciate everything the BT staff has done to make this possible. It's a great opportunity for our charity to work with local businesses because their support will help us to make Britain a great place to grow old."

Donations were greatly received from:

- Spar – Bassaleg road;
- A.F Blakemore Charity, Agincourt road;
- Sainsbury's Albany St;
- Iceland Spytty Rd.

For more information on the Royal Voluntary Service please visit: www.royalvoluntaryservice.org.uk

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